# **Bon Homme Youth Wrestling Sign Up Night**

# Bon Homme Wrestling Room Thursday December 10, 2020 7:00-8:00pm

Ages \*4 years through 6th grade \* 4 year olds welcome with discretion of coaching staff

#### **Club Dues**

\$15.00 per wrestler

## Singlet Check-out

BH Youth Wrestling Association provides a singlet to be worn at tournaments. I know a lot of wrestlers still have their singlets from last year. If anyone needs to exchange sizes please bring singlet along to sign up night and we can get exchanges done at that time. If anyone has singlets from last year and is not participating this year, please either try to get them handed in on sign up night or message Tausha to get them handed in. If you plan on keeping the one you have just let us know that night.

## **Second Hand Wrestling Gear**

If you have outgrown any wrestling shoes/gear and are wanting to part with it, please let Amanda or Tausha know. Others may be interested in it and we can let them know what's available through the Remind Me App. In previous years we would have a limited assortment of wrestling gear that has been outgrown for sale or exchange. Due to Covid we are going to avoid exchange at sign up night this year.

### **Purchase AAU Card**

Youth wrestlers are required to have an AAU card. The fee for the AAU card is \$16.00. \*\*You will be responsible for acquiring your own AAU card. Your child will not be allowed to practice until they have their updated card so please bring a copy of your card to first practice\*\* The Club Code for BH Wrestling will be sent out through the Remind Me App at a later date. Once we have our code, the website to obtain your AAU card is: <a href="play.aausports.org">play.aausports.org</a> (Click Get Membership, then Youth Athlete Membership, then complete the application as prompted. Please choose extended coverage for your wrestler or your wrestler may not be eligible for certain tournaments. Choose Current Membership Year unless you wish to purchase longer term. It is also a good idea to take a copy of your AAU card and birth certificate to all tournaments.

### **Free Tournaments**

More information will be provided at a later date. You can also visit the Dakota Grappler website to find updates on other tournaments. You pick how often, when, and where you want to attend.

\*\*All tournaments will be self registration this year\*\*

\*\*For the club paid tournaments, you are required to wear the BH Club singlets we provide\*\*

# First Practices

December 15th and 22nd 4 years through 1st Grade: 6:30-7:30 2nd Grade through 6th Grade: 7:15-8:30

\*\*Covid waivers will need to be completed before your child can practice\*\*

\*\*There will be no access to water fountains so please bring your own water bottles to practice\*\*

\*\*Due to Covid all practices will be CLOSED practices with no loitering in the halls throughout the night\*\*

Coaches for 2020-2021 will be
Jayson Branaugh, Todd Crownover, John Cuka, Ben Hellmann,
Jeremiah Horst, & Nick Wolf.
If you have any questions contact:
Todd Crownover: (605) 464-0647
Ben Hellmann: (605) 660-5589

Amanda Larson: (605) 695-0934 Tausha Campbell: (605) 464-1439

You can also visit the Bon Homme Youth Wrestling Facebook page for updates!